

Just Bike Terms and Conditions

- No under 16's on the 100km route.
- I agree to pay the fee stated in the Join Up form and agree that this fee is 50% refundable up until 28 days prior to the event, after which it is non refundable.
- As a participant I must provide any relevant medical information. This information will be treated in confidence and only used for this event. Across the Divide (ATD) have the right to refuse entry to anyone deemed medically at risk in taking part in this event.
- I agree that I am in good physical condition and accept that this challenge is strenuous and that ATD take no liability for injuries or ill health resulting from participation in this event
- The Event Manager may at any time during the event terminate my participation if it is considered necessary for the health and safety of other walkers, and/or myself or if I commit an illegal act
- I am taking part in this event at my own risk and will not indemnify ATD or its suppliers or anyone acting on their behalf for any risk, damage, loss or costs arising as a result of my participation
- Prior and during the event I will be responsible for my own safety and will take all reasonable care to ensure the safety of others and will comply promptly with any safety instructions given by ATD or any person acting on their behalf
- If you choose to cycle a shorter distance after you have paid your join up fee, the difference between fees is non refundable.

Just Bike FAQ's 100km Route

How hard is the ride?

The routes are not easy. We want you to take on a challenge and justify your sponsorship. The routes are about 2/3 on country lanes with numerous small hills. The rest of the route is off road using rough vehicle tracks. Most of these are just bumpy but they can become wet and muddy with big puddles if it rains. You may well choose to walk very small sections, which is perfectly acceptable, and probably sensible! It is possible that you may end up finishing this event at dusk or dark, please do bring bike lights. You do not need to be super fit for this event but training is advisable especially for the 100km route. The routes are stunning and very scenic, and we will do our best make the whole thing that much more enjoyable.

Is there an age limit to JUST BIKE 100km Route?

No unders 16's on the 100km route. Those aged 16 or 17, must be accompanied by an adult. There is no upper age limit but everyone's medical condition will be taken into account when being permitted to take part in the walk.

How do I go about contacting the charity I am fundraising for?

All charities will want to know that you are doing a fundraising event for them. Now that you are signed up get in touch with them, their contact details can be found on their website or in the local telephone directory. Tell them about JUST BIKE and ask them for a fundraising pack which will include sponsor forms. If they wish to know more about the event, ask them to contact us directly and we will be happy to answer their questions. It is important to remember to send all of the money you have raised to the charity direct, not to us at Across the Divide.

How much do I need to raise for my charity?

That's up to you. That's the great thing! As you will be paying all the costs, every penny you fundraise goes to your charity. When you contact the charity ask them for a fundraising pack and also ask about recommended targets if you are unsure how much you should aim to raise. It's a good idea to set yourself a target. A typical target could be £500: it is encouraging to have something to aim for.

How does the money work?

One very special thing about JUST BIKE is that all of the money you raise will go to your charity. You will have paid your total event fees so every penny you raise from now on will go to your charity (even more money if you add Gift Aid, just ask your charity about it).

Will I be supported?

There is lots of information and training support included in this event pack and there will be further information through a series of newsletters. Across the Divide will provide you with all the information you need, from all of the details about the day itself and the cycle, through to advice on training, kit and fundraising. During the event we will provide meals, drinks, snacks, medical support, cycling guides and full event facilities, and you will receive a free (and exclusive) event t-shirt after you have crossed the finish line. You will be supported every step of the way. Across the Divide has over 13 years' experience in organising charity challenge events in almost every corner of the world and has helped to raise £43 million for charitable causes. We guarantee that you won't be alone!

What time will the event start?

There will be one mass start for the 100km riders at 0900 hours. You will need to sign in on the day at Coate Water Country Park. It is very important you do not start the ride without signing in! (Please note that timings are subject to change).

How long will the ride it take me?

This will depend a lot on your experience, the conditions on the day and your fitness. The table below will help give a guide based on previous years cyclists;

	Faster Speeds	Average Speeds	Slower Speeds
100km finish time (having started at 0900hrs)	1400hrs	1630hrs	1900hrs

What is the ride like?

Stunning! We have chosen this area for its outstanding natural beauty and spectacular views. The ride is along tracks and lanes avoiding the worst of the mud and nettles and is somewhat undulating. Power stations will be positioned at regular intervals along the route, allowing access to toilet facilities, marshals and medical support.

What facilities are there en route?

Our Power Stations will be positioned at regular intervals along the routes; there will be four on the 100km route Each of these will have toilet facilities, marshals, medical support, water and some snacks and food. Detailed route information will be provided in a later newsletter. You will also be supported by plenty of roaming guides and medics plus you will pass through a number of villages with shops etc.

How do I get to the start and where do I leave my car?

The start is at Coate Water Country Park, Swindon: the venue details and directions are provided in this pack. There will be plenty of free parking for all at the Country Park*. To help make the event more sustainable we recommend that you look into car sharing and possible public transport allowing travel with bicycles.

* Parking at Coate Water Country Park is at your own risk. ATD is not responsible for any damage or loss to your car or property.

What if the weather is bad on the day?

We cannot guarantee good weather. Only in the event of very severe weather conditions and a warning issued for that area will the event be cancelled. We recommend that you look at the weather forecast in the days prior to the event and wear suitable clothing as recommended in your kit list. Remember to bring kit that prepares you for all weather conditions as the weather can quickly change over a short period of time.

My supporters want to meet me en route, can they?

We are happy to encourage you to bring along supporters, it creates a great atmosphere at the start and finish. If your supporters want to meet you en route and at Power Stations that is fine, however not all points are vehicle accessible. At the start venue on Saturday morning we will provide a large scale map that will inform supporters of those stations they can easily get to in order to meet up with you.

Below are the stations with supporter access and the grid references;

Power stations with supporter access	Grid Reference
Yew Down (Near Wantage)	418841
Ramsbury Scout Hall Power Station Four	274715

What happens if I find I cannot continue with the ride?

Obviously we encourage you to finish your challenge; however if for medical reasons you cannot continue we have minibuses on hand to collect you. Our advice would be to make it to the nearest Power Station and the staff there will arrange pick-up. If for some reason a supporter picks you up, please use the contact number provided to let us know you have left the route.

My medical conditions have changed since I registered for the event

When you sign in on the morning of the event we will ask you to fill in a small form that must be carried with you at all times on the ride. This will include a small section for medical conditions so we have the most up-to-date information about you, and an emergency contact number.

I can no longer participate in the ride, am I entitled to a refund?

We will offer a 50% refund if you cancel your place on the JUST BIKE up to 28 days in advance (so before Saturday 21st August 2010). Any places that are cancelled within 28 days of the event are not entitled to any refund. Please see our website for terms and conditions: www.acrossthedivide.com