

Who are Across the Divide?

Across the Divide was established in 1996 by Mark and Karen Hannaford, using their many years of experience in organising expeditions and managing large events. Across the Divide has spent ten years working closely with our charity clients to deliver exceptional worldwide challenges. Please visit Across the Divide for further information.

Will the ultra marathon be safe?

Yes. Across the Divide's main focus is on participant safety. The ultra marathon route has been fully checked and approved. Medical back-up will be provided at the main refreshment stations by the local organiser. The local organiser's staff will be stationed along the trail to prevent runners from going off the course. A medical doctor and assistant personnel will be stationed at the finish including an Across the Divide doctor. Full risk assessments and casualty evacuation plans are in place.

The route will be clearly marked.

How is ATD's leadership team selected?

A single gender leadership team may be selected for this challenge.

ATD's leadership team for this event will be selected on their experience and qualifications, these include:

- First Aid Qualified
 - A minimum of one English speaking doctor
 - Cold weather environments
 - Mountain environments
 - Ultra marathon experience
 - Group management experience in cold climates
 - ATD standard operating procedures
 - Crisis management
 - Risk management
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What level of fitness is required?

Participants must train, be fit enough, and have the confidence to achieve off road running on difficult and steep mountainous terrain for a total of 126km.

What are the expected weather conditions?

Average conditions for October are generally cool, ideal temperatures for running.

Min 8°C Max 29°C (Record -2°C 38°C)
Sunrise 06:39 Sunset 18:18

NB: You should expect colder weather during the race as we will be at higher altitudes in the mountains.

Is there a recommended kit list?

Yes. Please click [here](#) to take you to the kit list.

Are Across the Divide ATOL bonded?

Yes. Our ATOL number is 6475.

What standard is the accommodation?

We have 2 nights at Kaibab Lodge (possibly camping tbc), 2 nights in a hotel in Las Vegas, and one night at a lodge within the Grand Canyon National Park. Hotel and lodge rooms will be basic but clean and comfortable.

Do I have to share a room?

Yes. In order to accommodate everyone rooms must be shared. You can pre-arrange to share a room with a friend.

What is the route like?

Our route will follow a series of trails through the Kaibab National Forest in Northern Arizona. You will be running through areas of Ponderosa pine trees, out on to open plains and ridges. The route will undulate, with some steep climbs and descents. Paths will generally be rocky under foot, with some loose rocks or exposed tree roots hindering you at times. Some trails will be muddy and may be slippery after significant rainfall.

Can I raise money for charity?

Yes and we would encourage you to do so.

Can I extend my stay?

Yes. However if you wish to stay longer then you will need to buy the non-flight package and arrange your own flights. It will be your on responsibility to meet the group at the airport.

Can I book my own flights?

Yes. However if you wish to stay longer then you will need to take the non-flight package and arrange your own flights. It will be your responsibility to meet the group at the airport at Las Vegas on the 2nd October.

I have my own insurance policy so do I need to take out your insurance?

No, but you must send us a copy of your policy to insurance@acrossthedivide.com, by fax to 01460 30444 or post to:

Across the Divide
Thorncombe Barn
Fore Street
Thorncombe
Nr Chard
Somerset
TA20 4PP

Please note that we will require section B of the insurance form to be completed if you have taken out your own insurance.
